

SARA DESAI, A.M., LCSW

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EDUCATION

The University of Chicago, School of Social Service Administration, Chicago, IL
Master's Degree, June 2008
Emory University, Atlanta, GA
Bachelor of Arts, June 2003
Major: International Studies

LICENSE

Licensed Clinical Social Worker, IL #149014532

HONORS

SSA Academic Scholarship; Dean's List; Pi Sigma Alpha, National Honors Society

PROFESSIONAL EXPERIENCE

Therapist, University of Chicago Eating Disorders Program

April 2013-Present

- Conduct individual and family outpatient therapies in the following modalities: Family-Based Treatment (FBT) for Anorexia Nervosa and Bulimia Nervosa, Cognitive Behavioral Therapy (CBT) for Eating Disorders Not Otherwise Specified and Bulimia Nervosa.
- Attending in the bariatric surgery clinic, providing pre surgical evaluations for adult weight loss surgery population and supervising psychology interns and externs.

Crisis Worker, Northshore Hospital System

January 2013-August 2014

- Addressed the psychosocial needs of patients and families as they presented in the emergency department
- Completed thorough psychosocial assessments and provided accurate crisis intervention evaluations and disposition planning for the emergency department

Social Worker II, The University of Chicago Medical Center Comer Children's Hospital, General Pediatrics, Multi-Specialty

March 2010-Present

- Completed psychosocial assessments
- Provided psychosocial support to patients and families, including counseling services
- Facilitated discharge planning, including planning appropriate disposition for patients with intensive psychiatric needs including acute inpatient psychiatric units, and intensive outpatient mental health programs
- Assisted patients and families with navigating the hospital system
- Connected patients and families with relevant community resources
- Participated on multi-disciplinary team to ensure best quality of care for patients
- Participated in patient and family meetings regarding pre and post surgical care and end-of-life care

Social Worker II, The University of Chicago Medical Center, Lung Transplant, General Surgery, Gynecology, Hematology/Oncology

July 2008-March 2010

- Completed lung transplant psychosocial assessments for pre-transplant candidates
- Provided psychosocial support to patients and families, including counseling services
- Facilitated discharge planning
- Assisted patients and families with navigating the hospital system
- Connected patients and families with relevant community resources
- Participated on multi-disciplinary team to ensure best quality of care for patients
- Participated in patient and family meetings regarding pre and post surgical care and end-of-life care
- Co-Facilitated bereavement support group for adolescents dealing with loss

Intern, The University of Chicago Medical Center, Cardiothoracic Surgery, Chicago, IL

October 2007- June 2008

- Completed cardiothoracic and lung transplant psychosocial assessments with inpatient and clinic patients
- Facilitated discharge planning
- Provided psychosocial support to patients and families including a variety of concrete services

Intern, The Living Room Café, Inspiration Corporation, Chicago, IL

September 2006-August 2007

- Provided therapeutic case management and assisted individuals with housing, job search and basic needs
- Completed intake/assessment process for new clients
- Managed individual caseload for numerous clients